

998-1000
Thought and action

I have come to believe
intellect be damned
Its through my actions
That i am who i am
I have sometimes said
With a silly wink
We shouldnt believe
Everything we think
Increasingly i know
It's how we act
What we practice
keeps us intact
Meditate
Dance and chant
Walk in the woods
Don't say you can't
Love with abandon
Melt in tears
Walk headlong
Toward your fears
I used to feel
That in my head
Laid all the answers
And so i read
All the books
The experts wrote
So much time
To thoughts devote
And now i see
As awareness grows
That daily actions
On me bestows
All the peace
My heart could need
All the love
My soul to feed
And so i say
Wonder deep
But act please act
And Abundance reap