403-1000 Spinning

Is this thinking
My mind is spinning
Thoughts refracting
terror's winning
Always hopeful
In the beginning
Fears colluding
Hope is thinning

Is this thinking
Or just reaction
Optimism
won't gain traction
Voices clutter's
A distraction
Alert and cunning
What's the attraction

Is this thinking
Or delusion
Spinning spinning
Such confusion
Leaning ever
Toward seclusion
Trust and strength
Just one infusion

Is this thinking
Is this thinking
My mind is spinning
My mind is spinning
My mind is spinning