## 444-1000 Which way in the world

I don't believe in happiness
Though i sometimes feel that way
Happiness is a story
About how we dance and play
Happiness is an obsession
We search for it no end
Happiness is a demand
Our joy we must defend

I don't believe in happiness
Though my tears make me easy to see
It's in my deepest sadness
That i'm happy and i'm free
It's not that i'm morose
Or happy when i'm depressed
But sadness is the richer
It's exquisite i confess

Happy or sad
A false construction
Narratives all
Provides obstruction
Words and phrases
giving voice
As if somehow
We had a choice

As i make my way in the world i am convinced that words fail
As i make my in the world i'm quite sure that we tell a false tale
To defend an image, to feel worthy, to feel like we matter
It's all blather, and prattle
I make my way in the world like everyone else
One moment at a time
NOW