

56-1000
i felt right

i felt right, but feelings often lie
awash in biochemicals the truth they do defy
i felt defensive, but defenses can be strong
even when the facts tell us that we're really wrong
i felt hurt, though my thinking was outdated
the maps i used when still a child need to be recreated
i felt rage, though it masks my sense of sorrow
perhaps if i grow up a bit i'll feel differently tomorrow

feelings are just that
confusion oft beget
when we treat them as proof
we often miss the truth
always trust your gut
and let me tell you what
you'll rarely see what's real
believing what you feel

i felt tired, because everyone around
seems to think that when they feel reality they'd found
i felt happy, when vindicated so
those who had made fun of me were finally in the know