

12-1000  
False Joy World

Yoga mat women  
strolling down the street  
so serene and peaceful  
others to entreat  
deep inside a burning  
volcanic rage erupt  
smiling face contorted  
no one's more abrupt

Worshipping at AA  
Solace comes from god  
holding hands and praying  
an hour and a nod  
once the meeting's over  
dry drunk hits the trail  
characters are constant  
all to no avail

What is more destructive  
anger or false joy  
pretending to be happy  
or admitting we're annoyed  
claiming to be grateful  
or saying that we're pissed  
Happy people lying  
I am happy to dismiss

The key is to not let your hatred eat you alive  
Even though that so-called dark emotion will help you thrive  
Honor your hatred, it's so easy to survive  
In this false joy world