

278-1000

Im having a bit if trouble

Im having bit of trouble, my filters are on high  
Im not getting approbation, i feel like i might cry  
Im reaching for attention, the desperation mounts  
The negative aint helpful, its the positive that counts

Im having a bit of trouble, the highs and lows are stark  
I feel as though i may be entering a period of dark  
These tend to be the moments when the adrenalin runs cold  
Watch now as self-sabotage surreptitiously takes hold

Im having a bit of trouble, i am trying way too hard  
I'll say some things that i don't mean if im not on my guard  
I hope you understand that my awareness only goes so far  
You should hear me going off when i'm driving in my car

Im having a bit of trouble, im not getting what i need  
Constant adulation for my ego is my feed  
I know that its not healthy but my character is thus  
Sometimes i wish i wasn't me, genetics are unjust

Sit still  
I will pass  
Tell myself  
This wont last  
Sit tight  
The sun returns  
Don't listen when  
The lonely burns